CALL FOR PAPERS & UPDATED MANUSCRIPT GUIDELINES

Journal Polis: Faculty of Humanities, Education and Liberal Arts

EMPOWERING MINDS AND BODIES:

THE ROLE OF EDUCATION AND MODERNIZATION OF THE CURRICULA IN HUMANITIES, ARTS, COMMUNICATION, PSYCHOLOGY, AND SPORTS IN ALBANIA

Polis Journal, published by the Faculty of Humanities, Education, and Liberal Arts, invites scholars and researchers to submit papers for the 23/2 issue focusing on the state of education in the human sciences, arts, communication, psychology, and sports with a particular attention to Albania.

This issue aims to offer a comprehensive, interdisciplinary analysis of the current trends, challenges, and opportunities within these interconnected fields of study. Contributions will be welcomed from various disciplinary perspectives, exploring the intersections of education, culture, communication and journalism, psychology, sports, history, philosophy, linguistics, art, and pedagogy.

We are also welcoming papers that critically examine curricula development and modernization issues, with particular emphasis on aligning Albanian higher education with European standards. As the transition towards modern and internationally recognized curricula is central to the reform of Albanian higher education, this issue aims to explore the challenges and opportunities associated with curriculum design, innovation, and implementation within these diverse fields, considering the broader context of European higher education standards and the Bologna Process. Contributions are encouraged to consider both the theoretical and practical implications of these reforms for empowering students' intellectual, creative, and physical capacities.

PAPERS IN THIS PANEL SHOULD BE FOCUSED, BUT NOT LIMITED, ON THE FOLLOWING TOPICS:

1.   **Historical and Cultural Contexts of Education in Human Sciences, Arts, Communication, Psychology, and Sports:** Impact of post-communist transitions on the educational system

2.   **Pedagogical Innovations and Challenges:** Use of digital tools and technology; Challenges of interdisciplinary teaching and research

3.   Institutional Frameworks and Educational Policies: Government policies, reforms and internationalization processes.

4.   Interdisciplinary Approaches to Teaching and Research: Benefits and challenges of cross-disciplinary collaboration; Case studies of successful interdisciplinary programs or initiatives in Albania

5.   Academic and Career Pathways: Employability and career development for graduates in the humanities, arts, communication, psychology, and sports, as well as the relevance of education in these fields in contemporary Albania's labor market

6.   Research Methodologies: Qualitative and quantitative research methodologies, the integration of critical theory and interdisciplinary research frameworks and assessment of the impact of educational reforms

7.   Aligning Education in Albania with European Standards: Challenges and Opportunities: Implementation of the Bologna Process and its influence on curricula in Albanian higher education; Comparative analysis of curriculum frameworks in Albania and Europe: Identifying gaps and opportunities for alignment

Deadline for full paper submissions: 15 January 2024

We look forward to receiving your contributions and to engaging in a fruitful interdisciplinary dialogue on the future of education in the human sciences, arts, communication, psychology, and sports in Albania.

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Polis Journal

Faculty of Humanities, Education and Liberal Arts

Specific Guidelines

✓ **Polis** publishes high-quality peer-reviewed original articles that are not under review in any other academic outlet. Please be advised that Polis relies on anti-plagiarism programs and submission for publication implies permission for the editors to put the article through such program.

✓ **All articles should be written in English.**

✓ **Articles** should be between 4000 – 8000 words long including endnotes and references.

✓ **Text requirements:** Times New Roman 12, spacing 1.15.

✓ **Review** Articles should not exceed 3,000 words, and Book Reviews should not exceed 1,000 words.

✓ **A word count** must be provided in all cases.

✓ **Articles should have an abstract of 200-250 words long.** Abstract must have in its structure the following elements, clearly stated: Context/ Problem/ Method/ Results/Implications/ 3-6 keywords at the end of the abstract.

✓ **The cover page** of the article should include the name of the author, academic title, institution affiliation, and the ORCID ID.

✓ **The 'APA'** references system should be used for bibliographical references. For further guidance, please consult the general manuscript information as follows:

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Department, Faculty, University, City, Country

Provide full correspondence details here including e-mail for the corresponding author.

Abstract

The manuscript must be accompanied by a short abstract of **about 250 words** and a list of no more than six key words, which define the subject matter.

Authors must supply a structured abstract in their submission, set out under 4-7 sub-headings (see guide for practical help and guidance https://www.emeraldgrouppublishing.com/how-to/authoring-editing-reviewing/write-article-abstract) :

- Purpose (mandatory)
- Design/methodology/approach (mandatory)
- Findings (mandatory)
- Originality/value (mandatory)
- Key words (mandatory)
- Paper type (mandatory)

The maximum length of the abstract should **not exceed 250 words**, including a list of no more than six **keywords** that define the subject matter.

Authors should avoid the use of personal pronouns within the structured abstract and body of the paper (e.g. "this paper investigates..." is correct, "I investigate..." is incorrect).

Structure

The manuscript should include at least the following sections: introduction, literature review, methodology, results, discussions, limitations, and conclusions, followed by references.

Heading 1: use this style for level one headings

Paragraph: use this for the first paragraph in a section, or to continue after an extract.

New paragraph: use this style when you need to begin a new paragraph.

Display quotations of over 40 words, or as needed.

- For bulleted lists

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Heading 3: use this style for level three headings

Heading 4: create the heading in italics. Run the text on after a punctuation mark.

References: see the journal's instructions for authors for details on style

Table 1. Type your title here.

Figure 1. Type your title here. Obtain permission and include the acknowledgement required by the copyright holder if a figure is being reproduced from another source.

REFERENCES: **AMERICAN PSYCHOLOGICAL ASSOCIATION (APA) FORMAT (6th Edition)**

REFERENCES AND CITATIONS

Some general rules for APA reference pages:
- Begin the reference list on a new page. The page begins with the word References (Reference if there is only one), centered in the top, middle of the page, using both upper

and lower case, bold typeface. If the references take up more than one page, do not re-type the word References on sequential pages, simply continue your list.

- References cited in text must appear in the reference list; conversely, each entry in the reference list must be cited in text.
- The first line of the reference is flush left. Lines thereafter are indented as a group five or so spaces, to create a hanging indention.
- The reference list is double-spaced.
- Arrange entries in alphabetical order.
- Give the year the work was published in parentheses. If no date is available, write (n.d.).
- Use italics for titles of books, newspapers, magazines, and journals.
- Capitalize the first word of the title of the article or book, and the first word following a colon. Also capitalize all proper nouns, including names of instruments or agencies that appear in the title.
- Always use an ampersand (&) before the last author in the reference page. Do not use *and*.
- Use one space after all punctuation.

Citations in Text

To refer to an item from the list of references in the text, an author-date method should be used. That is, use the surname of the author (without suffixes) and the year of the publication in the text at appropriate points. Unless you are quoting, page numbers are not used.

One author

> In a recent study, Isaac (2001) found that . . .

> Many social workers suffer from anxiety (Isaac, 2001).

Two or more authors

When a work has two authors, always cite both names every time the reference occurs.

> Smith and James (2001) found that drug use . . .

> Adolescent drug use occurs more frequently in rural areas than in suburban areas (Smith & James, 2001).

Multiple authors

For works with three, four, or five authors, cite all authors the first time the reference occurs. In subsequent citations, include only the last name of the first author followed by et al. (not italicized and followed by a period). If the work has six or more authors, cite only the surname of the first author followed by et al.

> Gilbert, Terrell, and Specht (1985) have stated . . .

> Social policies in the United States do not provide equity for marginalized populations (Gilbert, Terrell, & Specht, 1985).

> US social policies are driven by dominant class interest groups (Gilbert et al., 1985).

Typically, when citing more than two authors in text, use the first author's name followed by *and associates*, or *and colleagues.*

> In a study by Jones and associates (2000), social workers . . .

Within a paragraph, you need not include the year in subsequent references to a study as long as the study cannot be confused with other studies cited in the article:

> In a recent study of social work attitudes, Hanson (2004) stated that students . . . . Hanson also found that . . .

Groups as authors

When groups (e.g., organizations, government agencies) are cited, write out the full name in the initial citation and abbreviate in subsequent citations.

> *First citation:* Twenty-two percent of all adults in the US have a substance abuse problem (Substance Abuse and Mental Health Services Administration [SAMHSA], 2004).

> *Next citation:* Less than 10 % of adults are alcohol dependent (SAMHSA, 2004).

Multiple works, same authors

Arrange two or more works by the same author(s) by year of publication.

> Child abuse is a major problem in the United States (Berrick & Barth, 1995, 2001).

Multiple works, same authors, same year

Identify works by the same author(s) with the same publication date by the suffixes a, b, c, and so forth after the year. The suffixes are assigned in the reference list, where these kinds of references are ordered alphabetically by title.

> Child neglect is the most common type of child abuse (Berrick, 2001a, 2001b).

Multiple works, multiple authors

When citing multiple works by different authors, place the citations in alphabetical by the first author's surname. Separate the citations with semicolons.

> Substance abuse is a phenomenon that few policymakers appreciate or understand
>
> (Albert, 2001; Johnson, 1996, 2003; Zimmerman, 1999).

Quoted Material

When citing quoted material, you must include the page number in parentheses from which the quote was taken as well as the author and year. If you are using a long quotation of over 40 words, indent the whole quotation and do not use quotation marks.

> McCafrey (2002) asserts "criminals should not be given the right to vote upon release from prison" (p.25).
>
> The best intervention for violent criminals is "harsh and severe punishment" (McCafrey, 2002, p.126).

Personal communications

Personal communications may be things such as email messages, interviews, speeches, and telephone conversations. Because the information is not retrievable, they should not appear in the reference list.

> J. Burnitz (personal communications, September 20, 2000) indicated that . ..
>
> In a recent interview (J. Burnitz, personal communication, September 20, 2000) I learned that . . . .

The Reference List

Arrange entries in your reference list in alphabetical order by the surname of the first author. If you have many publications by the same author, arrange by year of publication with the earliest date first.

Articles

The digital object identifier, or DOI, provides a persistent link to the article and is included in the reference. The DOI can be found on the first page of the article, and in the electronic summary provided by the database. You do not include the web address or the date retrieved. If no DOI is available, include the home page URL for the journal, newsletter, or magazine in place of the DOI. Do not include the date retrieved.

Journal articles from online source

Simon, A. (2000). Perceptual comparisons through the mind's eye. *Memory & Cognition, 23*, 635-647. doi:10.1037/0278-6833.24.2.225

Simon, A. (2000). Perceptual comparisons through the mind's eye. *Memory & Cognition, 23*, 635-647. Retrieved from http://www.memory.com.

Journal article, two authors

Becker, M. B., & Rozek, S. J. (1995). Social justice and immigration. *Journal of Social Issues, 32*, 230-343. doi:10.1037/0278-6833.24.2.225

Journal article, three to six authors

Garner, H. J., James, J., Berlin, T. K., & Smith, H. S. B. (1998). Title of Article. *Psychology Today, 102,* 70-77. doi:10.1037/0278-6833.24.2.225

Journal article, more than seven authors

Include the first six authors' names, then insert three ellipses, and add the last author's name.

Teasel, J. R., Cunningham, K., Porter, K. L., Johnson, M. N., Werner, H. H., West, G.H., ….Smith, T. (2000). Title of Article. *Journal of Social Welfare, 22*(1), 222-245. doi:10.1037/0278-6833.24.2.225

Books

Just as with articles, if the book is available on-line and there is a DOI, include it after the publisher information. If there is no DOI for an on-line book, use the URL from the website from which the book was retrieved. Do not include retrieval date.

Book, one author

Burch, H. A. (1999). *Social welfare policy analysis and choices*. New York: The

Haworth Press.

Edited book

Letheridge, S., & Cannon, C. R. (Eds.). (1997). *Bilingual education.* Englewood
Cliffs, NJ: Prentice-Hall.

Chapter from edited book

Jackson, J. J., & Packer, F. L. (1997). English as a second language: The
experience of first generation Filipinos. In S. Letheridge & C. R. Cannon
(Eds.), *Bilingual education.* Englewood Cliffs, NJ: Prentice-Hall.

Government author

U.S Department of Health and Human Services, National Institutes of Health, National
Heart, Lung, and Blood Institute. (2003). Managing asthma: A guide for schools
(NIH Publication No. 02-2650). Retrieved from
http://www.nhlbi.nih.gov/health/prof/lung/ asthma/asth_sch.pdf

Web page with private organization as author

Urban Institute for Poverty. (2003). *Poverty in the United States.* Retrieved from
http://www.uip.poverty/publications.html